

CORNWALL AA CROSS COUNTRY CHAMPIONSHIPS & COUNTY TEAM SELECTION

(incorporating the Westward Cross Country League)

Newquay Sports Centre - Sunday 15th November 2026

Entries are invited from Clubs, Schools and Colleges from athletes that have Cornish eligibility by birth, 9 months continuous residence or Forces (this must be stated on the attached form). Guests may be accepted at the discretion of the Championship Secretary. Any athlete that competed for another County or in their Championships (except Schools) in the current calendar year must make this clear with their entry. Athlete EA Registration numbers (URN) MUST be included on the on line entry form

County Champs & Under 10 Development Races

U12 and older – County Champs race including County Team selection

U10 – Developmental race – not eligible for County Team selection

- **Age Groups** - All ages as at midnight 31 August 2027, including U20's (**see later selection criteria for the Inter Counties**)

Under 10's MUST be min 8 years on 15/11/26 but please note only those youngsters able to compete at a reasonable standard commensurate with the distance and terrain should be entered

- **CLOSING DATE: Friday 6th November 2026 – STRICTLY NO ENTRIES ON DAY.**

Payment must be made by BACS by 6th November. It is the entrant's responsibility to ensure they have paid.

- **Entries only accepted on-line, including full details described on the CCAA website:**

<https://www.cornwallathleticsrecords.co.uk/ccaa-news>

Age Group	Entry Fee (no team fees)	Late Payment (received after 7 November)	
U12-Sen/Vet	£10.00	£12.00	
Under 10	£5.00	£7.00	

- Athletes MUST compete for their first claim club for cross country (except where based outside of the county), Athletes MUST wear the kit of team (school) they are entered for in the county champs – not their Westward league team if different.
- Members of clubs not affiliated to CCAA may compete at an extra cost of £2 and will be included in team awards but individual athletes MUST be affiliated to England Athletics (see requirement for EA URN on entry form)

Awards:

- Medals to 1st, 2nd and 3rd individuals in each race.
- Medals to 1st male and female Veterans (O/35W, O/40, O/45, O/50, O/60, O/70), silver if 4 entered at entry closing date in any age group and bronze if 6 entered
- U20 Men and Women will score for Seniors but will have individual medals.
- First 3 score in all races Senior Men which is 4.
- Course Map & timetable: This will be on the County website at www.cornwallathletics.org and the County Athletics Fb page prior to the event. The first race is U10 at 1.00pm

County Team Selection

The championships incorporate County Team trials for

- **South West Intercounties – RAF Merryfield, Ilton, Somerset – Sunday 3rd January 2027**
- **National Inter Counties – Nottingham – Saturday 13th March 2027**

The County Association wishes to field its best teams and please ensure you make yourself available for selection. ***Please Note:*** The Regional Round of the Schools Cup is the day before this Championship; this is unfortunate, however, you will be expected to compete at the Championships if you wish to be considered for selection at the South West Inter Counties - competing the day before will not be accepted as a valid reason for pre-selection by the team managers.

The South West use the same age criteria for Under 20's at the SWIC as the Club Regional & National Championships. The National Inter Counties use IAAF Rules! This means that anyone who is Under 20 at midnight on 31/08/27 may compete as an Under 20 at the SWIC but selection for the National Inter Counties will require athletes to be Under 20 in the **whole** of **2027**

Selection sheets will be handed out by team managers to at least the top 12 finishers in each race. These sheets **MUST** be returned **on the day** and must be completed correctly with **all** information.

The SW Championships will be in January again, it is **essential** that we have your contact details for selection purposes but it is your responsibility for entering on-line before the announced closing date .

Eligible athletes that do not return their details on the day and have not provided accurate and legible contact details are unlikely to be included in our teams.

Entry Forms **On-Line at <https://www.cornwallathleticsrecords.co.uk/ccaa-news>**

Entry **MUST** be by individuals / parents / carers with full details & payment (Club group entries are not acceptable)

Entries **MUST** include **all dates of birth and full address** this is particularly important for contacting teams for the South West Inter-Counties (please also include first names). Please ensure you complete all fields!

PARKING *There is no Parking at the Sports Centre Please use the Tretherras School Car Parks & walk through to the Sports Centre*

PRESENTATION *The Presentations will take place close to the finish as soon as possible after the races. Please allow time for results to be generated and DO NOT hassle the recorders who will be working as quickly as they can!*

REFRESHMENTS *Hot and cold refreshments will be available to buy, courtesy of the Sports Centre at the upper level bar*

Legitimate queries only (NOT ENTRIES) should be emailed, preferably or by post to:

Dave Varney, 38, Manor View, Par Cornwall PL24 2EN

Email: CCAA24@outlook.com

Payments must be made by BACS transfer at the time of entry (details will be on the entry form)